

At Home Activities For Young Kids and Families During 'Social Distancing'

https://docs.google.com/document/d/1WtpURqOmTdvKprCe38bAD2BZ_XqcICvga5k1EpIkDJU/mobilebasic

Mindfulness activities:

<https://positivepsychology.com/mindfulness-for-children-kids-activities/>

Art and games:

<https://www.care.com/c/stories/3176/25-after-school-activities-and-games-for-kids/>

Physical activities (age 2-4):

<https://activeforlife.com/49-fun-physical-activities-to-do-with-kids-aged-2-to-4/>

Writing/ story prompts (elementary):

https://www.journalbuddies.com/journal_prompts_journal_topics/elementary-writing-prompts/

(Middle):

<https://www.journalbuddies.com/writing-grade-level/writing-ideas/>

*some of the writing prompts are about home/family, so gauge what fits

More academic focused social justice/ identity lessons:

https://www.tolerance.org/classroom-resources/lessons?keyword=&field_grade_level%5B35%5D=35

Educational games for kids:

https://www.mtna.org/MTNA/Learn/Parent_and_Student_Resources/Websites_for_Kids.aspx

On Facebook:

@thatfunteacher (That Fun Teacher)

Some additional activity ideas:

Back to back drawings

- a. Get in partners and sit back to back.
- b. One person looks at an image but the other person can't see it. The person looking at the picture describes it to their partner. The goal is for their partner to draw the image (based on exactly what they hear).
- c. Stop after 1 minute and 30 seconds.
- d. Can discuss:
- e. How did you know what to do?
- f. What communication strategies did you use?
- g. What was challenging? What was easy?

h. How would it be different if you could look at each other? What if you could use technology? Would it be harder or easier? Why?

Letter writing

Write a letter to a friend or someone you know

What is something you're grateful for?

What is something you learned from them?

What is one way they've inspired you?

What is one thing you'd give to them?

Marshmallow Spaghetti Tower

Materials:

Uncooked spaghetti

Masking tape

1 yard of string

1 marshmallow

Instructions:

1. Build the tallest tower you can within an allotted time period. The tower must be able to stand on its own.
2. To make this more challenging, try adding a marshmallow to the top of the tower.

Exquisite Corpses (a Surrealist art game)

1. Fold piece of paper in 3 (hamburger style).
2. Draw a head and neck of someone/ something. Fold paper over backwards so next person CANNOT see what you drew. Make sure not to look at what the person drew!
3. Pass the paper to the next person. The person next to you passes their paper to you. On the new paper, draw a torso.
4. Fold, pass, then draw legs and lower body of the creature/ person.
5. Reveal and see what creature/ person you created!

Telephone Pictionary

Each person gets a strip of paper. On the top, write a short phrase or sentence (i.e. Two friends are eating ice cream).

Pass to the person on your left.

That person has 30 seconds to draw what you just wrote (i.e. draw a picture of two friends eating ice cream)

After 30 seconds, fold the paper over so the next person CANNOT SEE WHAT THE FIRST PERSON WROTE.

Pass to the person on your left. They need to WRITE what they think was drawn. Take 30 seconds, fold, then pass.

Keep passing the paper until everyone has gotten every paper. Reveal once we get back to the start.

Ball toss

Toss a ball across the circle. Remember who threw it to you and who you threw it to. Keep throwing the ball in the same sequence. Keep adding balls until you can't keep up.

Night in a museum

One person is the guard. Everyone else are "living statues." When the guard turns around, people move forward. When they turn back to look, the statues have to freeze in place. If you move, you're out. The goal is to make it to the end of the room/ hallway.

Musical chairs**Build a fort**